



**DAVANAGERE UNIVERSITY, DAVANAGERE**

**B.A. in Psychology**

**SYLLABUS**

**With Effect from 2024-25**

**STATE EDUCATION POLICY**

**FOR SEM I - II**

**AS PER SEP : 2024-25**

## **List of BOS Members**

**Dr.Suchitra**

Dean Arts Faculty / BOS Chairperson  
Davanagere University, Davanagere

**1. Dr.Shivakumar K.**

Professor

Department of PG Studies and Research in Psychology

Karnatak University , Dharwad

Mob-9844935744

**2. Dr. N. Narasimharaju**

Associate Professor, Department of Psychology

Maharani's Arts College for Women, Mysore

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**3. Prof. Nagaraja O.**

Assistant Professor

Department of Psychology, Government First Grade College for Women,  
Davanagere

Mob-9901124236

**Davanagere University, Davanagere**  
**B.A in Psychology** Effective from 2024-25

| Semester | Sl. No. | Title of the paper                                    | Teaching Hrs / Week | Semester End Exam | Internal Assessment | Total Marks | Credits | Duration of the Exam |
|----------|---------|---|---------------------|-------------------|---------------------|-------------|---------|----------------------|
| I        | 2       | 3   | 4                   | 5                 | 6                   | 7           | 8       | 9                    |
| I Sem    | 1       | Foundations of Psychology-I                           | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
|          | 2       | Practical - I   | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |
| II Sem   | 3       | Foundations of Psychology-II                          | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
|          | 4       | Practical - II  | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |
| III Sem  | 5       | Life Span Development - I                             | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
|          | 6       | Practical-III   | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |
|          | 7       | Psychology of Health and Well Being (Elective-I & II) | 2 hrs               | 40                | 10                  | 50          | 02      | 2 hrs                |
| IV Sem   | 8       | Life Span Development - II                            | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
|          | 9       | Practical-IV  | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |
| V Sem    | 10      | Youth Gender and Identity (Elective-I & II)           | 2 hrs               | 40                | 10                  | 50          | 02      | 2 hrs                |
|          | 11      | Health Behaviour                                      | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
| V Sem    | 12      | Practical-V   | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |
|          | 13      | Social Psychology                                     | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
| VI Sem   | 14      | Practical-VI  | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |
|          | 15      | Abnormal Psychology                                   | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
|          | 16      | Practical-VII   | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |
| VI Sem   | 17      | Organisational Behaviour                              | 4 hrs               | 80                | 20                  | 100         | 03      | 3 hrs                |
|          | 18      | Practical-VIII  | 4 hrs               | 40                | 10                  | 50          | 02      | 3 hrs                |

  
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 ಇವಗಂಗೋತ್ರಿ, ದಾವಣಗೆರೆ-577007

  
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**As per SEP**  
**Title of paper : Foundations of Psychology-I**

| Course No | Type of Course | Theory /Practical | Credits | Instruction hour / week | Total No. of Lectures/Hours /Semester | Duration of Exam | Formative Assessment Marks | Summative assessment Marks | Total Marks |
|-----------|----------------|-------------------|---------|-------------------------|---------------------------------------|------------------|----------------------------|----------------------------|-------------|
| 01        | PSY-1          | Theory            | 03      | 04                      | 60hrs.                                | 3hrs.            | 20                         | 80                         | 100         |

**Objectives**

- To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.
- To enable the student to understand the application of psychology to different fields

**Learning Outcome:**

- Students will be familiar with the Basic of Psychology.
- Student will comprehend basic concepts of Psychology

**Contents**

**UNIT -I** **INTRODUCTION** **-16 hrs**

- Genesis, Definition & Goals of Psychology - Describing, predicting and Controlling behavior
- Modern perspectives of Psychology: Biological, Psychodynamic, Behavioral, Cognitive, Socio-cultural, Humanistic and Evolutionary perspective.
- Branches of Psychology: Basic and Applied; General, Social, Child, Developmental, Biological, Abnormal, Cognitive, Educational, Environmental, Industrial, Clinical, Forensic, Military and Sports
- Scientific Methods: Introspection, Observation, Experimental, Survey, Interview and Case study.
- Physiological Basis of Behavior: Neurons, Nervous System, Central and Peripheral Nervous system and Endocrine Glands and its effects: Pituitary, Thyroid, Parathyroid, Adrenal and Gonads.

**UNIT- II** **SENSATION, ATTENTION AND PERCEPTION** **16 hrs**


- Sensation: Definition, characteristics and Types of Senses: Visual, Auditory, Gustatory Tactual, Kinesthetic and Organic
- Attention: Meaning, Types - Voluntary, involuntary, habitual phenomena, Determinants of attention - objective & subjective,
- Perception: meaning, determinants and characteristics, Perceptual Organization, Top-Down and Bottom-up Processing. Gestalt principles.
- Perceptual Constancies, Movement Perception, Perceptual illusion, Subliminal perception & Extra sensory perception.
- Depth perception, monocular and binocular.

**UNIT-III** **LEARNING** **16 hrs**

- Introduction: Definition; Types of learning - 1) Trial and Error- Experiment and laws of Thorndike.
- Classical conditioning - Experiment and Basic concepts Extinction, Spontaneous recovery, Generalization, Discrimination, Higher order conditioning.
- Operant conditioning - Basic concepts - Reinforcements, Punishment. Processes - Generalization, Discrimination, Shaping, Chaining.
- Cognitive learning-Latent learning-Tolman.
- Observational learning-Bandura, Insight Learning-Kohler.

**UNIT-IV** **MEMORY AND FORGETTING** **12 hrs**

- Basic processes- Encoding, Storage, Retrieval
- Models of Memory: Atkinson and Shiffrin's Model, Alan Baddeley's Working Memory. Types of Memory: Episodic, Autobiographical and Flashbulb Memory.
- Forgetting: Nature and Causes and theories of Forgetting- Interference Theory, Decay Theory and Cue-dependent theory.

  
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d) Techniques of improving memory. Chunking, Mnemonic, Organization, SQRRR (Survey, Question, Read, Recite and Revive)

e) Selective forgetting - how to forget bad memories

**Readings:**

Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson. Ciccarelli, S.K. & White, J. N. (2017). Psychology, 5<sup>th</sup> Ed. Pearson.

Coon, D. & Mitterer, J.O. (2013). Introduction to Psychology: Gateway to Mind and Behavior, 13<sup>th</sup> Ed. Cengage Learning

Feldman, R.S. (2017). Understanding Psychology. 12<sup>th</sup> Ed. McGraw Hill, New Delhi

Kosslyn, S.M. & Robin Rosenberg, R. (2008). Psychology in Context, 3<sup>rd</sup> Ed. Pearson.

ಸಾಮಾನ್ಯ ಮನೋವಿಜ್ಞಾನ, ಪಿ. ನಟರಾಜ

ಮನೋವಿಜ್ಞಾನ, ಭಾಗ - 1, ಹಾಗೂ ಭಾಗ - 2 ಮಧುಚಂದ್ರ ಎಂ. ಕೆ. ಹಾಗೂ ಡಾ. ಎನ್. ಎಲ್ ಶ್ರೀಮತಿ

**As per SEP**

**Title of paper: Foundations of Psychology-I**

| Course No | Type of Course | Theory /Practical | Credits | Instruction hour per week | Total No. of Lectures/Hours /Semester | Duration of Exam | Formative Assessment Marks | Summative assessment Marks | Total Marks |
|-----------|----------------|-------------------|---------|---------------------------|---------------------------------------|------------------|----------------------------|----------------------------|-------------|
| 02        | PSYPR-2        | Practical         | 02      | 4                         | 60 hrs                                | 3 hrs            | 10                         | 40                         | 50          |

**(Conduct any Six Practicals):**

1. Directed Observation on the Accuracy of Report
2. Colour Blindness
3. Localization of Sound
4. Mapping of Color Zones
5. Seton Attention
6. Muller Lyer Illusion
7. Illusion of movement
8. Bilateral Transfer of Training
9. Meaning on Retention
10. Retroactive Inhibition
11. Repetition and Recall
12. Meaning on span of apprehension

**STATISTICS:** Grouping of data: Tabulation and Frequency Distribution, Measures of Central Tendency: Mean and Median for grouped and ungrouped data and application of Measures of Central Tendency.

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**As per SEP**

**Title of paper: Foundations of Psychology-II**

| Course No | Type of Course | Theory /Practical | Credits   | Instruction hour /week | Total No. of Lectures/Hours /Semester | Duration of Exam | Formative Assessment Marks | Summative assessment Marks | Total Marks |
|-----------|----------------|-------------------|-----------|------------------------|---------------------------------------|------------------|----------------------------|----------------------------|-------------|
| <b>03</b> | <b>PSY-1I</b>  | <b>Theory</b>     | <b>03</b> | <b>04</b>              | <b>60 hrs.</b>                        | <b>3 hrs.</b>    | <b>20</b>                  | <b>80</b>                  | <b>100</b>  |

**Objectives:**

- To Lay basic foundation of various psychological concepts
- To comprehend and analyse provide broader foundation by exposing students to various topics such as Emotion, Motivation, Intelligence, Thinking and Personality

**Learning Outcome:**

- Students will be familiar with fundamental psychological concepts.
- Student will able to understand analyze and apply these psychological concepts in their life

**Contents**

**Unit-I** **EMOTIONS AND MOTIVATION** **18 hrs**

- a) Meaning, definition and characteristics, universal emotions, physiological basis of emotions, changes accompanying emotions – physical, biological, psychological, enhancement of positive emotions and management of negative emotions. Role of emotions in daily life.
- b) Theories of emotions - James- Lange, Canon- Bard, Schacter-Singer, Emotional intelligence
- c) Nature of motivation - drive cycle, physiological motives - hunger, thirst, sex and maternal motive; psycho-social motives - affiliation, achievement, power and aggression, Maslow's need hierarchy,
- d) Approaches-Instinct approach, drive reduction, arousal approach, incentive approach
- e) Types of Motivation - Intrinsic & extrinsic motivation. Strategies to enhance motivation.

**Unit-II** **COGNITIVE PROCESSES** **12hrs**

- a) Thinking: Meaning, definition, Tools of thinking, Types of thinking- convergent and divergent thinking, Autistic and realistic thinking.
- b) Concept formation
- c) Reasoning: Definition, Types, approaches to study of reasoning.
- d) Problem solving-strategy and challenges,
- e) Decision making and Creative Thinking : Characteristics and Stages of creative thinking. Language and thought.

**Unit - III** **INTELLIGENCE** **14hours**

- a) Definition and meaning ,factors influencing intelligence-nature and nurture,
- b) Theories of Intelligence-Spearman, Thurstone, Sternberg, Gardner,
- c) Measurement of Intelligence - types of tests - verbal and nonverbal tests, power and speed tests, individual and group tests, culture free & culture fair tests,
- d) Concept of IQ, classification, distribution of intelligence,
- e) Extremes in intelligence-mentally gifted and mentally challenged, APA classification

**Unit-IV** **PERSONALITY** **16hrs**

- a) Definition and Meaning, Approaches – Freud's psychodynamic approach, Cattell's and Allport trait approach. OCEAN.
- b) Personality Types - Sheldon, Kretschmer, Jung, and Type A and type B, Myers-Briggs Type Indicator, Bandura's social learning approach,
- c) Concept of self: Carl Rogers, Maslow, Adler,
- d) Assessment of personality - objective methods: rating scales, interview and behavioural tests, self-report inventories, projective tests. (Nature, merits and demerits of each method)

**Readings:**

Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson. Ciccarelli, S.K. & White, J. N. (2017). Psychology, 5<sup>th</sup> Ed. Pearson.

Coon, D. & Mitterer, J.O. (2013). Introduction to Psychology: Gateway to Mind and Behavior, 13<sup>th</sup> Ed. Cengage Learning

Feldman, R.S. (2017). Understanding Psychology, 12<sup>th</sup> Ed. McGraw Hill, New Delhi.

Kosslyn, S.M. & Robin Rosenberg, R. (2008). Psychology in Context, 3<sup>rd</sup> Ed. Pearson.

As per SEP

**Title of paper: Foundations of Psychology-II**

| Course No | Type of Course | Theory / Practical | Credits | Instruction hour per week | Total No. of Lectures/Hours /Semester | Duration of Exam | Formative Assessment Marks | Summative assessment Marks | Total Marks |
|-----------|----------------|--------------------|---------|---------------------------|---------------------------------------|------------------|----------------------------|----------------------------|-------------|
| 04        | PSYPR-2        | Practical          | 02      | 4                         | 60                                    | 3 hrs            | 10                         | 40                         | 50          |

**PRACTICALS: (Conduct any Five)**

1. Judgment of Emotions
2. Emotion and Free Association
3. Achievement Motivation
4. Assessment of Aggression
5. Otis' Test of Intelligence
6. Ravens Progressive Matrices
7. Yerkes Multiple Choice Test/ Word Building Test
8. Concept Formation
9. Eysenck Personality Inventory
10. Bell's Adjustment Inventory
11. Emotional Intelligence
12. Friendship Scale

**STATISTICS:** Measures of Variability: Range, Quartile Deviation, Mean Deviation (Grouped and Ungrouped Data) and their application.

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## Internal Assessment for Theory Paper

### I – VI Semesters

| Sl. No       | Internal Assessment                     | Maximum Marks |
|--------------|---|---------------|
| 1            | 2                                       | 3             |
| 1            | Two Session Test                        | 10            |
| 2            | Assignment / seminar / group discussion | 05            |
| 3            | Attendance                              | 05            |
| <b>Total</b> |   | <b>20</b>     |

## Internal Assessment and Semester examination for Practical Paper

### I – VI Semesters (10+40=50marks)

| Sl.No        | Internal Assessment       | Maximum Marks |
|--------------|---------------------------|---------------|
| 1            | 2                         | 3             |
| 1            | Record Journal – IA       | 10            |
| 2            | Plan and procedure        | 10            |
| 3            | Conducting one experiment | 10            |
| 4            | Result and discussion     | 10            |
| 5            | Viva voce                 | 05            |
| 6            | Statistics                | 05            |
| <b>Total</b> |                           | <b>50</b>     |

## Internal Assessment for Elective Theory paper

1. Two tests - 04 marks
2. Assignment - 03 marks
3. Attendance - 03 marks

**Total- 10 marks**

  
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**Theory Examination Question paper pattern**  
**Semester I-VI**  
**BA Semester I Degree Examination 2024-25**  
**(Semester scheme SEP syllabus)**

**Subject : Psychology**

**Paper-**

**Paper Code-**

**Time- 3hrs**

**Max marks 80**

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**Instructions for Candidates**

- I. All sections are compulsory
- II. Neat and labeled diagrams where ever necessary

**Section-A Answer all questions each question carries two marks**

**(10×2=20 marks)**

I

- a.
- b.
- c.
- d.
- e.
- f.
- g.
- h.
- i.
- j.

**Section-B Answer any six of the following each question carries five marks**

**(6×5=30 marks)**

- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.

**Section-c Answer any three of the following each question carries ten marks**

**(3×10=30 marks)**

- 10.
- 11.
- 12.
- 13.

**Examination Question paper pattern for Elective  
Semester III -IV  
BA Semester III Degree Examination 2024-25  
(Semester scheme SEP syllabus)**

**Subject : Psychology**

**Paper-**

**Paper Code-**

**Time- 2hrs**

**Max marks 40**

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**Instructions for Candidates**

- I. All sections are compulsory
- II. Neat and labeled diagrams where ever necessary

**Section-A**

**Answer all questions, each question carries two marks**

**(5×2=10 marks)**

- 1.
- 2.
- 3.
- 4.
- 5.

**Section-B**

**Answer any six of the following ,each question carries five marks**

**(6×5=30 marks)**

- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.

19